

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001786400
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer LEAR CORP
SEC File Number 001-11311
Address of Issuer 21557 TELEGRAPH ROAD
SOUTHFIELD
MICHIGAN
48033
Phone 2484471500
Name of Person for Whose Account the Securities are To Be Sold Esposito Carl A.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.


Relationship to Issuer Officer

144: Securities Information

Title of the Class of Securities To Be Sold Common
Fidelity Brokerage Services LLC
900 Salem Street
Name and Address of the Broker Smithfield
RI
02917
Number of Shares or Other Units To Be Sold 8000
Aggregate Market Value 1136000.00
Number of Shares or Other Units Outstanding 59130153
Approximate Date of Sale 03/03/2023
Name the Securities Exchange NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class Common
Date you Acquired 09/03/2021
Nature of Acquisition Transaction Restricted Stock Vesting
Name of Person from Whom Acquired Issuer
Is this a Gift?  Checkbox not checked Date Donor Acquired

Amount of Securities Acquired 8000
Date of Payment 09/03/2021
Nature of Payment Compensation

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice 03/03/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Lisa Gerard, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Carl Esposito

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)