Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

OMB APPROVAL										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>DELGROSSO DOUGLAS G</u>					2. Issuer Name and Ticker or Trading Symbol LEAR CORP /DE/ [LEA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) 21557 T	(F ELEGRAP	First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 12/01/2003								X Officer (give title Other (specify below) Pres&Chief OO-Eur,Asia,Africa				
(Street) SOUTHFIELD MI 48034				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									5. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip)												Person						
Table I - Non-Deriv 1. Title of Security (Instr. 3) 2. Trans Date (Month/It				saction	2A. Deemed Execution Date,			3. Transa Code (I	Transaction Disposed Of (D) (Ins			ed (A) or	5. Amou Securitie Benefici Owned F	5. Amount of Securities Beneficially Owned Following Reported		Direct Indirect I	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) oi (D)	Price	Transac	Transaction(s) (Instr. 3 and 4)			(11301.4)
Common	Stock			12/01/2003					M		10,00	0 A	\$22.	12 16	,487	D		
Common Stock				12/01/2003		3			S		10,00	0 D	\$59.0	65 6,	6,487		D	
Common	Stock			12/01/2003		3			M		10,00	0 A	\$37.2	25 16	16,487		D	
Common	Stock			12/01/2003		3			S		10,00	0 D	\$59.0	65 6,	6,487		D	
Common Stock				12/0	12/01/2003				M		8,000) A	\$33	14	14,487		D	
Common Stock 12/0				12/0	1/200	3			S		8,000) D	\$59.0	65 6,	6,487		D	
Common Stock												1,	1,096			in 401(k) account		
			Гable II -									or Ben ble secu		Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deeme Execution if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		n of		6. Date Exercis Expiration Date (Month/Day/Yea		•	7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					
Option (right to buy)	\$22.12	12/01/2003			M			10,000	02/23/200	3 (02/23/2010	Common Stock	10,000	\$0	0		D	
Option (right to buy)	\$37.25	12/01/2003			М			10,000	05/05/200	0 0	05/05/2007	Common Stock	10,000	\$0	0		D	
Option (right to buy)	\$33	12/01/2003			M			8,000	05/09/199	9 (05/09/2006	Common Stock	8,000	\$0	0		D	

Explanation of Responses:

Remarks:

/s/ Erik B. Lundgren (as Attorney-in-Fact)

12/01/2003

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).