FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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OMB APPROVAL	
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OMB Number: December 31. Expires: 2014

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol LEAR CORP /DE/ [LEA]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>VANDENBERGHE JAMES H</u>					-											X Direct	Director		10% Ov	vner	
(Last)		3. Date of Earliest Transaction (Month/Day/Year) 07/23/2003										X Office below	r (give title)	Other (spec below)		specify					
` '	`	,		U//23/2003											Vice Chairman						
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
																,	Form filed by One Reporti			n	
(City) (State) (Zip)																Form	Form filed by More than One Reporting Person				
		Tab	ole I - Nor	n-Deriv	vativ	e Se	curit	ies Ac	aui	ired. D	Disr	osed o	of. or	Bene	ficial	lv Owne	<u> </u>				
1 Title of	Security (Inst			2. Tran				emed	÷	3.		1				5. Amo		6. Ov	vnership	7. Nature	
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						ear)	Execution Date, if any (Month/Day/Year)		·,	Transac Code (In 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				Securit Benefic Owned	es ially Following	Form (D) o	n: Direct r Indirect	of Indirect Beneficial Ownership	
									ŀ	Code	v	Amount	(A) or D)	Price	Reporte Transa (Instr. 3	ction(s)			(Instr. 4)	
Common Stock 07/23/						2003				M		75,00	0	Α	22.1	2 10	108,076		D		
Common Stock 07/23/						03			S		75,00	0	D	52.3	2 34	34,233(1)			In 401(k) account		
		-	Table II -									sed of, onvertil				Owned					
						Can	_		_		<u> </u>					1	1			1	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,	4. Transa Code (8)				Exp	Oate Exe piration I ponth/Day	Date	of Securities		curity	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	or No of	umber						
Option (Right to Buy)	22.12	07/23/2003			M			75,000	02/	/23/2003	02	2/23/2010	Comn		5,000	\$22.12	0		D		

Explanation of Responses:

1. 1,157 shares held in Mr. Vandenberghe's 401(k) account.

Karen M. Rosbury Attorney-In-

Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.